

Podium presentations

- World Confederation of Physical Therapy congress, Singapore: 2015 “The effects of a six-week physiotherapist-led exercise and education intervention on pain, in patients with osteoarthritis awaiting an arthroplasty, in South Africa: a randomised controlled trial.”
- 23rd Biennial Congress of the SA Arthroplasty Society: 2015 as above.

Scientific journal publications

- Saw et al. Significant improvements in pain after a six-week physiotherapist-led exercise and education intervention, in patients with osteoarthritis awaiting arthroplasty, in South Africa: a randomised controlled trial. BMC Musculoskeletal Disorders (2016) 17:236
- Kruger-Jakins T, Saw MM, Edries N, Parker R. The development of an intervention to manage pain in people with late-stage osteoarthritis. South African Journal of Physiotherapy (2016) ISSN: (Online) 2410-8219, (Print) 0379-6175

Academic poster presentations

2024 IASP World congress on pain:

- Improving peri-operative pain management in SA: Does a bundle approach to care improve postoperative pain in a middle-income country?
- Improving peri-operative pain management in SA: is it feasible to implement a bundle approach to care in a middle-income country?

2023 European Pain Federation Congress:

- Working towards improving perioperative pain management in SA

Other publications:

2020: Article in Nociceptive View magazine: Why and how to exercise in ankylosing spondylitis

2019: Article in Nociceptive View magazine: Physiotherapy for arthritis: it's more than just the joint

CPD accredited events presented:

2024: Our words and their effects

2023: Sleep Deficiency and Chronic Pain

2021: A simple intro into complex pain part 1 and 2

2019: Graded motor imagery part 1 and 2

2018: PMPG meeting: Explain Pain supercharged Chapter 2

2017: PMPG meeting: Assessment of complex pain conditions

- PMPG meeting: Case studies: assessment of complex pain conditions

- SASP Cape Winelands lecture: Nociception vs central sensitization vs neuropathic pain

- Workability: The non- benefits of radiological imaging of the neck and back pain.

2016: PMPG EC AGM: A take home message for chronic joint pain for 2016

2015: PMPG: Pain is the name of our game: updates from WCPT congress